

# 6D5N Combined UG to SABAH



**15<sup>th</sup> to 20<sup>th</sup> June 2014**



*Greenridge Secondary School UG cadets and teachers embarking on an exciting Kayaking expedition around Mamutik Island.*

From the 15<sup>th</sup> to 20<sup>th</sup> June 2014, 28 combined UG members from NCC, NPCC & Girl Guides accompanied by 3 teachers embarked on an expedition to Sabah, with a promising tropical adventure.

The students and teachers spent six days and five nights in hopes to gain exposure and confidence in mountain trekking, learning how to survive in an island overnight and understanding the culture of Sabah.

The main objective of the trip was to allow students to overcome challenges, build leadership qualities and perseverance. Upon arrival at Mamutik Island, students commence on setting up their own tents and embark on an exciting Kayaking expedition around Mamutik Island. They get to experience field cooking for dinner and an unforgettable overnight stay in the island.

Students experienced different ways of life and understood how the city has modernized while staying true to its roots when they visited Mari Mari Cultural Village. Mari Mari Cultural Village tour is located deep in the countryside. The village features 5 different ethnic tribes. They are the rice farmer Kadazan-Dusun, the longhouse resident Rungus, the hunters and fisherman Lundayeh, the cowboy and sea gypsy Bajau, and the famously feared headhunting tribe Murut.

Our students visited the local school, Sekolah Kebangsaan Mantob School. Our UG cadets organized and lead in games relating to Science and English subject matter. As part of service learning, our students set up the library, made bookshelves and cabinet from scratch.

The highlight of the trip was the Mount Kinabalu Fast Track Hike. Our Greenridgeans and teachers accompanied by their local experienced mountain guides embark on a 10KM hike as early as 9am. It was an exhilarating adventure where each individual is challenged to persevere and endure the pain of trekking. However, the nature view itself was worth the hike.

As a reward, we were treated with a tropical sunset river cruise during the last night of the expedition. We get to spot the proboscis monkeys, birds and soak in a beautiful sunset. Wildlife and biodiversity of the wild is the pride of Sabah. This is an excellent opportunity for the students to understand wildlife conservation as well as learn about the different species of animals and plants that thrive in this tropical haven. After a local Malay buffet dinner, we head out into the darkness to watch the beautiful fireflies.

It was indeed an enriching and memorable experience for students and teachers as we have learned much from the various interactions with the locals and overcoming challenges with perseverance and broadening mindset.



*Mari Mari Cultural Village*



*NCC teacher-in-charge Mr Albert Chia exchanging token of appreciation with Sekolah Kebangsaan Mantob School principal.*

*From Each His Best*



*Conquering Mount Kinabalu*



*We conquered Mount Kinabalu!*



*Grand Mosque of Sabah*



*Halfway up Mount Kinabalu and we completed in 10 hours.*



*Greenridgeans facilitating activities for the local students.*



*School Immersion @ Sekolah Kebangsaan Mantob School*